

### January 5, 2020 Epíphany of the Lord

#### Parish Mission January 11th-16th Holy Cross, Butler

#### Healing Hearts Seminar: Saturday, January 11th from 9am-4pm

Many things happen in life which leave us with a scared heart. We move on, but the hurt lingers in the background of our lives leaving us to react and respond to situations that leave us wondering why we did what we did or why the same destructive patterns continue. We turn to anger,



drugs/alcohol, and unforgiveness. This Seminar is for the hurting and those who want to help the hurting. Nick Villalobos has been helping people all over the US for the past 10 years with this method of prayer. In this seminar, you will learn how our hearts get stuck and how to pray to be free. For those who attend, Nick will be setting up individual prayer appointments throughout the week. Please bring a journal and bible.

#### Encountering the Holy Spirit: Sunday-Tuesday, January 12th-14th from 7pm-9pm

For many, Christianity is the "Try Harder Religion." Jesus promised to send the Holy Spirit to be our Helper. Most of us do not know the Holy Spirit and all he wants to do for us. Every night there will be songs of worship, exposition of the Blessed Sacrament, a bible-centered message on the Holy Spirit, and individual prayer ministry. You will not only learn about the Indwelling Spirit. You will encounter the Spirit of God through his presence and power. Expect your life to go to the next level. During the individual prayer ministry time, 1,000s have received prophetic utterance from the Father and experienced physical, emotional, and spiritual healing. Please bring a journal and bible.

#### Hearing the Voice of God: Monday-Thursday, January 13th-16th from 9am-11am

For Christians, prayer is a dialogue (two persons speaking to each other), not a monologue (one person speaks while the other listens). Yet, for most believers, their prayer is a monologue with them speaking and God, our good Father, listening. For almost 40 years, Brendan Case has been equipping believers with practical methods to hear the voice of God, their Eternal Father. Brendan will also be giving access to his free online 30 days of spiritual exercises which will sharpen the believer's ability to discern God's will through their daily life. Please bring a journal and bible.

Brendan and Nick are members of a lay missionary group, the Companions of the Holy Spirit. Brendan has been presenting Missions all over the US for 23 years and has been involved in ministry for almost 40 years. To learn more about their dynamic, life-changing ministry, as well as see videos of healings, visit <a href="www.BrendanCase.com">www.BrendanCase.com</a>.

#### Parish Events for the Week

Mon (1/6)

**5:30 pm:** Divine Mercy Chaplet

Tues (1/7)

7:00 pm: Catholic Daughters Meeting

Wed (1/8)

**3:10 pm-4:30 pm:** Afternoon Religious Ed **5:00 pm-8:30 pm:** Evening Religious Ed **6:30 pm-8:30 pm:** Pro-Life Event

Thurs (1/9)

7:00 pm: (St. Henry) Vocations Mass

Fri (1/10)

6:45 am: Men's Bible Study

Sat (1/11)

9:00 am-4:00 pm: (Holy Cross) Brendan Case Mission

Sun (1/12)

**8:30 am-12:00 pm:** Knights of Columbus Breakfast **7:00 pm-9:00 pm:** (Holy Cross) Brendan Case Mission



Vocations Mass Thursday, January 9th Saint Henry

**6:00 pm:** Holy Hour with Confessions **7:00 pm:** Vocations Mass **8:00 pm:** Refreshments

#### **Catholic Daughters Meeting**

The next Catholic Daughters meeting will be held on Tuesday, January 7th at 7:00 pm. Women 18 or older are invited to come check us out. If questions, please contact membership chairman Karen Hammers 218-298-0726 or Regent Dianne Rohde-Szarke 218-205-1301. Check out the Catholic Daughters' webpage at:

https://www.parishfaith.com/catholic-daughters



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#### **Scripture Reflection by Father Matt**

Dear sisters and brothers in Christ Jesus,

The gifts of the Magi reveal Christ in different ways. Gold, the currency of this world, honored Jesus as a king. Frankincense, usually reserved for use in religious rituals, honored Him as God. The symbolism of myrrh, however, is more complex.

Myrrh was a rare gum used in medicine, mixed with oils for sacred anointings, and applied to bodies for mummification in ancient Egypt. Thus, the gift of myrrh could have been to honor Jesus as a healer, as a priest, or as one who was to die. The Eastern Churches use myrrh as a symbol of the presence of the Holy Spirit. Even in the Catholic Church, our Sacred Chrism oil, blessed by the bishop for baptisms, confirmations, and ordinations, is often scented with myrrh. The smell of myrrh always reminds me of my ordination as a priest, when my hands were covered in this Chrism oil. Its use in the Sacrament of Baptism is a subtle reminder that we are baptized into the death of Jesus as well as His resurrection. We are reminded at that baptismal anointing, too, that we are to serve as priests, prophets, and kings in imitation of and in union with Jesus.

With these richly symbolic gifts, we recognize in the child Jesus the dignity He bears as King of Kings, as God-with-us, and as the true High Priest who has entered for ever into the tabernacle of Heaven. We acknowledge from the beginning that He came to die in order to conquer death forever. We recognize Jesus as the perfect Sacrifice offered to God for the forgiveness of sins.

May the gifts of the Magi inspire us to offer our riches to Jesus for His use, and may the Feast of the Epiphany of our Lord Jesus Christ reveal to us the great gift of His Presence among us in the Eucharist and in His Body, the Church.

Peace in Christ. Today's Readings: Is 60:1-6; Eph 3:2-3A, 5-6

Father Matthew Kuhn Mt 2:1-12

#### **NCACC Logo Contest**

Each of the four parishes in our newly formed NCACC (Northern Cross Area Catholic Community) of St. Lawrence, Sacred Heart, Holy Cross, and St. Henry's are asking for your help to create a logo to be used as recognition of the Northern Cross Area Catholic Community. This contest is open to all parish members of any age. You may submit your entry on white paper (size 8 X 11) to Lisa Hendrickx at the parish office by January 31st, 2020. There will be a prize for the best entry in our Parish.

Feel free to talk with your ACC Planning Council representative if you have any questions.

These members are: Tim Graff, Jason Smith, Mary Schumacher, Jerry Guck, Jack Werner, Brenda Aschnewitz, Dawn Swanz, Jason Schik, John Kratzke, Kenny Moenkedick, Sandi Carrlson, and Michele Hofland

#### Holy Father's January Prayer Intention

We pray that Christians, followers of other religions, and all people of goodwill may promote peace and justice in the world.

#### January Monthly Church Cleaners - Thank you!

Mary Dertinger - Alex & Missy Mickelson - Dawn Boyne Darrin & Jill Swanson - Nick & Katie Murdock Family

#### **Bulletin Sponsor of the Week**

Our New Sponsor of the Week is Perham Dairy Queen. Thank you for your support. Please remember to patronize all the advertisers whenever possible.



#### We Extend Our Deepest Sympathy to the family and friends of

Magdeline "Maggie" Siebels

David Holzer (son of Joe & Sherryl Holzer) who passed away recently

#### Sausage and Pancake Breakfast

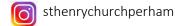
Please join us for the KC Breakfast on Sunday, January 12<sup>th</sup> from 8:30 am - 12:00 pm. We will be serving Pancakes, Sausage, Fruit, Juice, and Coffee in St. Henry's Church Basement. The free will offerings will be going towards a safety railing for the Choir Loft at St. Henry's. All are welcome!

#### Holy Family Council Meeting

The Holy Family Council of Catholic United Financial will be having their January meeting on Monday, January 20th at 6:00 pm in St. Henry's Church basement. This is being rescheduled from January 13th due to the mission at Holy Cross in Butler.

Readings for the Week		
Monday:	1 Jn 3:22-4:6	Mt 4:12-17, 23-25
Tuesday:	1 Jn 4:7-10	Mk 6:34-44
Wednesday:	1 Jn 4:11-18	Mk 6:45-52
Thursday:	1 Jn 4:19-5:4	Lk 4:14-22
Friday:	1 Jn 5:5-13	Lk 5:12-16
Saturday:	1 Jn 5:14-21	Jn 3:22-30
Sunday:	Is 42:1-4, 6-7	Acts 10:34-38
	Mt 3:13-17	

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#### PARISH NEWS & EVENTS

#### St. Henry's Area School

It is that time of year again when we begin planning for the Fun Fair. This wonderful fundraiser will be taking place at the PACC on Sunday, March 15<sup>th</sup> from 11:00 am-3:30 pm. In order to get started, we are asking for donations. We need donations to the Raffle Ticket, Silent/Live Auction, or simply donations to offset expenses. If you are interested in helping out this fundraiser, don't hesitate to call St. Henry's Area School at 346-6190. All donations are welcome. Proceeds from this fundraiser are taken off parish assessments, so by assisting the school, you are also assisting your parish.

Thank you for supporting St. Henry's Area School.

Mr. Jason Smith, Principal 218-346-6190 or sthenryschool@arvig.net

Presentation on Brain Health by Dr. Ronald Burd Staying Sharp in Mid-Life & Beyond Tuesday, January 21 - 7:00 pm St. Henry's Church Basement

Like most chronic conditions, the easiest way to manage dementia is to never develop it in the first place. While there are no magic solutions or cures for dementia, there are risk reduction strategies and some preventions.

#### **LEARN**

- What you can do to reduce your risk of developing dementia
- What you need to know, monitor, and keep track of
- What questions to ask your doctor, and what your doctor needs to know from you
- What to do if you, or someone you know, is having

Dr. Ronald Burd is a long-time specialist in psychiatry, now providing full-time psychiatric care to adult patients at the Perham Health Clinic. He completed his psychiatric residency and internship at Mayo Clinic in Rochester, Minn. His work is the diagnosis and biologic treatment of adult psychiatric illness, including ADHD, anxiety, bipolar, depression, dementia, schizophrenia and substance use disorders. He is also interested in health promotion, including sleep, diet, exercise, and mindfulness.

#### A Widow's Walk

A Widow's Walk is an informal group for Catholic Widows. Meetings are the 2nd Thursday of the month at 5:00 pm for dinner and fellowship. For more information and to RSVP, please contact Char Holzer at 218-298-0646/benchar@arvig.net or Judy Christopherson at 218-298-0797/jc.myrock@hotmail.com. Due to the Vocations Mass, they will not be meeting in January. Please plan to join them in February.

#### **Religious Education**

Classes will resume this Wednesday, Jan. 8<sup>th</sup>. I still need one more teacher for our 3<sup>rd</sup> graders. If you are able to help, please let Lisa Hendrickx know.

> Lisa Hendrickx, DRE 218-346-7030, religioused@st-henrys.org

#### **German Supper**

Mark your calendars for Saturday, Jan. 18<sup>th</sup> for a German Style Supper from 5:00pm-7:00pm at St. Henry's to help students fundraise for Steubenville. The Cost of the meal is: Ages 12 and up = \$10.00, children ages 5-12 = \$5.00 and children under 5 are free. Come enjoy a great meal and support the youth going to Steubenville. \*You can purchase your tickets in advance at the parish office to save \$2.00 on adult tickets (ages 12 and up).

#### **Christmas Trees**

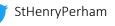
Thank you for those who have donated the real Christmas trees over the years. The community has really appreciated it. But, with fire codes and the convenience of good looking artificial trees, the decorating committee has decided to move to purchasing three large artificial trees. The estimated cost will be in the \$2,500.00 range. If you would like to donate to this project, please put your donation in an envelope marked "Trees" and put it in the collection.

#### **Couples Married 5, 25, 40, 50, 60 Plus Years**

Honoring Marriage Day will be held on Saturday, May 2nd, 2020 at the Cathedral of Saint Mary in St. Cloud for couples celebrating 5, 25, 40, 50 or 60 plus years of marriage in 2020. We, as a diocese, would like to honor you and your commitment to each other and the great example you are setting. Please let the parish office know if you are celebrating these anniversary years by January 17th so we can send the information to the diocese.

ALL PARISHIONERS AND COMMUNITY MEMBERS ARE INVITED TO JOIN US FOR OUR ANNUAL PRO-LIFE EVENT:

Lighting the Way to a Culture of Life with Speaker Leah Jacobson, Founder & CEO of The Guiding Star Project WEDNESDAY, JANUARY 8TH 630 PM-830 PM AT ST. HENRY'S CHURCH QUESTIONS? CONTACT LISA FOLEY AT 218-329-1508 OR LISAEFOLEY@HOTMAIL.COM.



#### MASS & MINISTRY SCHEDULE FOR JANUARY 6 - JANUARY 12 (AS OF JANUARY 2)

#### Tue, Jan 7, 8:30 AM - Communion Service

Rosary Dot Hofland Sacristan Renee Doll

Wed, Jan 8, 5:15 PM – No Mass or Communion Service

Wed, Jan 8, 7:50 PM - No Religious Ed Mass Due to Pro-Life Event

#### Thu, Jan 9, 7:30 AM - No Mass Due to Vocations Mass

#### Thu, Jan 9, 7:00 PM - Vocations Mass (6 PM Holy Hour, 7 PM Mass)

Servers 2 NOT FILLED
Lector NOT FILLED
Ushers 3 NOT FILLED
Gifts NOT FILLED
Sacristan NOT FILLED

Music Isaiah & Jeff Blickenstaff, 6 NOT FILLED

#### Fri, Jan 10, 10:00 AM (Perham Living) + Dorothy & Rusty Keller

#### Fri, Jan 10, 11:30 AM (School Mass) +Harold Byer

Rosary Ardith Altstadt Sacristan Fuzz Hammers

#### **Please Pray For**

Those in need of healing in our parishes: Carol Beaupre, Joel Carlson, Harriet Daiker, Renee Doll, Hudson Hendrickx, Helene Johnson, Margaret Kasowski, Oscar Kawlewski, Jackie Lachowitzer, Jeff Maddock, Brandon McDonnell, John Ogroske, Lois Porath, Bob Riestenberg, Lowell Siebels, Bob Sim, JoAnn Tingelstad & Larry Wankel All military personnel, especially: Martin Ara, Jesus Guajardo, Ed Guck, Greg Hirschey, Sandra (Silbernagel) Lagnese, Tanner Neyens, Luke Potts, Zoe Potts, Jason Richter, Tanya Robison, Tommy Robison, Steven Sundberg and Tyler Van Watermulen

#### Collection for December 28th & 29th

Adult 13,289.00 Youth Offering 62.75 Plate 351.00 Initial Offering 30.00 Solemnity of Mary 5.00 Christmas 15,032.23 Votives Rent Income 1,000.00 49.00 Coffee 12.00 Remember Garden 20.00 Holy Water Bottles 20.00 Marriage Prep 350.00 160.00 Memorial 1.000.00 Elec. Transfers 1,907.00 Total \$33,287.98

#### Deacon Randy Altstadt - Parish Administrator

Average amount needed to meet weekly operation of St. Henry for the fiscal year is: \$14,725.00

#### **New School Capital Campaign Update**

Goal\$7,343,900.00Pledged\$4,594,195.00Needed\$2,749,705.00Received\$1,683,985.00Pledges Received 12-22\$1,720.00

#### Sat, Jan 11, 5:00 PM +Clara Mohr

Rosary Rosie Altstadt

Servers Kaiya, Noah & Leelou Novotny

Lector Kevin Lorentz

Body Father Matt Kuhn, Deacon Randy Altstadt Blood Wanda Braun, Kitti Kivi-Lex, Kevin Lorentz,

Lori Wendt (sub req.)

Ushers Jacob Bergacker (**sub req.**), Don Hendrickx, Jon Kinn,

Wayne Lehman

Gifts Rae Giovannelli, Sally Limanen
Greeters NOT FILLED, Darla Medeck-Johnson

Sacristan Katie Murdock Monitor **NOT FILLED** 

Music Michael Mettler, Karla Bell, Amanda Novotny

#### Sat, Jan 11, 8:00 PM (Holy Cross) +Fr. Don Braukmann

#### Sun, Jan 12, 8:00 AM +Cecila "Sally" Winkels & +Don Niccum

Rosary Joe & Kathy Hemmelgarn

Servers Dacotah McDonald, Alex Sazama, NOT FILLED

Lector Lori Curtis

Body Father Matt Kuhn, Deacon Randy Altstadt

Blood Lynn Bleichner, Mike Schmelz (sub req.), Jonathan

Schwanke, Grace Wegscheid

Ushers Mike Bleichner, Joe Byer, Brian Curtis, Gene Falk

Gifts Ron & Trish Berns

Greeters NOT FILLED, Mike & Sue Schmelz (subs req.)

Sacristan Grace Wegscheid Monitor NOT FILLED

Music Michael Mettler, Karla Bell

#### Sun, Jan 12, 10:00 AM +Leon & Lucy Ceynowa

Servers Courtney Poser, Natalie & Ty Rooney
Lector Anthony Anderson, Trent Swanson

Body Father Matt Kuhn, Deacon Randy Altstadt, Ken & Evelyn

Beauchamp

Blood Janel Altstadt, Dana Andrews, Angela Willenbring,

Ed Winjum

Ushers Nick Price, Rich Richter, Noah Rooney, Kyle Swanson

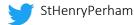
Gifts Ed & Sigrid Winjum

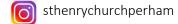
Greeters Judy Christopherson, Renee Doll

Sacristan Anthony Anderson
Monitor NOT FILLED
Music Youth Choir

#### Sun, Jan 12, 1:00 PM (Spanish Mass) For the People of the Parishes







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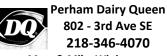
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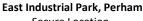
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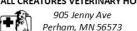
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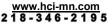
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105 Jake St - Perham, MN 346-7557







# Parish Mission JANUARY 11TH-16TH Holy Cross, Butler

# Healing Hearts Seminar Jan 11th

# 9am-4pm

Sometimes life hurts. We face things like betrayal, disappointments, divorce, or we get stuck in unhealthy patterns such as addictions or habitual sin. Most people move on while their hearts continue to be broken. Come be healed and set free.

# Encountering the Holy Spirit January 12th-14th 7pm-9pm

Do you feel stuck in your spiritual life? Do you believe the problem is that you need to try harder?Come to know and experience the person of the Holy Spirit.

Every night will include adoration of the Blessed Sacrament,Bible-centered teaching, and indiviual prayer ministry for healing.

# Hearing the Voice of God January 13th-16th 9am-11am

As Catholics we believe that prayer is a dialogue, not a monologue.

Learn practical tools to help you hear the voice of your Father.

Come expecting to experience the presence and power of God.



Brendan Case, Servant Founder of the Companions of the Holy Spirit, is a dynamic preacher who moves in the prophetic and healing. He is a songwriter and author of "The Disciple's School of Prayer: A 30 Day Interactive Journal," "Relentless Pursuit: A Story of God's Overwhelming Grace," "Manual of Praise: A Practical Tool to Worship God." At his website you will find "Hearing the Voice of God," and "School of the Holy Spirit," which are free Spiritual Formation Series with talks and study guides.

Nick Villalobos, fellow Companion of the Holy Spirit, is filled with overflowing joy and has a gift to heal broken hearts and help people be free of addictions and habitual sin.

Brendan and Nick's ministry have witnessed 1,000s of healings including the blind, seeing; the deaf, hearing; quadriplegics, walking; the barren, conceiving; and so much more.

www.BrendanCase.com

# BRAIN HEALTH

STAYING SHARP IN MID-LIFE & BEYOND

Like most chronic conditions, the easiest way to manage dementia is to never develop it in the first place.

While there are no magic solutions or cures for dementia, there are risk reduction strategies and some preventions.

### **TUESDAY, JANUARY 21, 2020**

Presentation beginning at 7 p.m.

St Henry's Church • Basement 234 2nd Ave SW • Perham, MN

#### LEARN

- What you can do to reduce your risk of developing dementia
- · What you need to know, monitor, and keep track of
- What questions to ask your doctor, and what your doctor needs to know from you
- What to do if you, or someone you know, is having issues

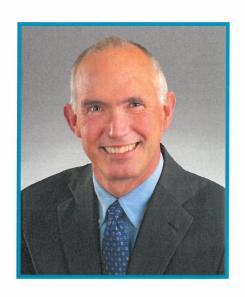
#### ABOUT THE PRESENTER

#### Dr. Ronald Burd - Psychiatrist

Dr. Ronald Burd is a long-time specialist in psychiatry, now providing full-time psychiatric care to adult patients at the Perham Health Clinic.

Dr. Burd completed his psychiatric residency and internship at Mayo Clinic in Rochester, Minn.

Dr. Burd's work is the diagnosis and biologic treatment of adult psychiatric illness, including ADHD, anxiety, bipolar, depression, dementia, schizophrenia and substance use disorders. He is also interested in health promotion including sleep, diet, exercise, and mindfulness.



First Reading

Second Reading



#### Caravans of Camels

About those camels, we are not too sure about them. Yes, every nativity scene shows the Magi seated on stately dromedaries, or leading their beasts of burden by bit and rein. But, quite honestly, the story of the Magi never tells us how they got there. They could have traveled on foot, in chariot, on horseback, on elephants, or by camel—but we just do not know.

The reason we keep putting them on camels in our art is because of Isaiah's prophecy. He predicted that caravans of camels would fill Jerusalem and that people from the East would come bearing gold and frankincense. "Rise up in splendor, Jerusalem!" he proclaims. "Your light has come."

In Matthew's story, the Magi realize that Jerusalem's light has come. They follow the star and bring their gifts of gold and frankincense. Myrrh, too. By telling about these gifts, Matthew turns our attention back to Isaiah. Reading that prophecy, we realize that the light Isaiah mentioned is the Light of the World, Jesus Christ.

When we see the Magi seated on camels, we are remembering Isaiah. When we remember Isaiah, we remember the light that came to shatter the darkness of our world. Those camels carry hope.

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# The Epiphany of the Lord Ephesians 3:2-3a, 5-6

#### Secret Plan

The birth of Jesus became the worst-kept secret in the history of the world. All along, people knew God had a plan. God had told everyone from Adam and Eve, to Abraham and Sara, to Moses and Miriam, to David and Bathsheba, to Hosea and Gomer, to Mary and Joseph that there was a plan. Nobody fully understood it. Nobody knew how God would bring the plan to fulfillment. But they all believed. They had seen God work mighty deeds in their lives, and they believed that one day the promise of redemption would be fulfilled.

Jesus was God's secret. When Jesus was born in humble surroundings outside of royalty and pageantry, only a handful of people even began to realize what God had done.

But the secret got out. Angels appeared in the sky. Shepherds showed up. And Magi traveled from a faraway land. Everyone was finding out God's two great surprises: Jesus was born as the promised Messiah, and he came not just for his own race but for all the people of the world. The Letter to the Ephesians says, God's mystery "was not made known to people in other generations as it has now been revealed to his holy apostles and prophets by the Spirit." Jesus was born, and he came to save each of us, no matter what family we come from, what we believe, or how we behave. The mystery of God's love is open now to the whole world. That is the epiphany, the revelation of God's secret

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#### CHURCH OF SAINT HENRY

234 2nd Ave SW · Perham, MN 56573

Parish Office Hours: 8:30 am—4:30 pm Monday—Friday

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**Principal, S.H.A. School:** Jason Smith

pastor@st-henrys.org Em. 218-298-2030 deaconrandy@st-henrys.org Em. 218-457-0925

deaconrichard@st-henrys.org 218-346-4163 admin@st-henrys.org 218-346-4240 finance@st-henrys.org 218-346-4240 religioused@st-henrys.org 218-346-7030

youthministry@st-henrys.org 218-346-7030 music@st-henrys.org 218-346-7030

sthenryschool@arvig.net 218-346-6190

**Mass Schedule** 

Saturday evening: 5:00 pm

8:00 pm (Holy Cross)

**Sunday:** 8:00 am & 10:00 am

Tuesday: 8:30 am

Wednesday: 5:15 pm (Holy Cross)

Thursday: 7:30 am

Friday: 10:00 am (Perham Living)

**Confessions:** Saturdays at 4:00 pm or by appointment **Eucharistic Adoration:** 8:30 am Tues. to 8:30 am Wed. **Sunday Mass Broadcast:** Sundays: 8:00 am on 99.5 FM

TV Mass: Mondays at 10:30 am on Channel 14

Catholic Talk Radio: KXPM-LP 100.3 FM

**Father Matthew's Office Hours:** 

Tuesdays: 9:00 am—12:00 pm Thursdays: 1:00 pm—4:00 pm

Feel free to call the Parish Office to set up an appointment with Father Matthew during this time.

St. Henry Cemetery

Joe Berns 218-346-7321 Grave Plots: \$200.00/grave

St. Stanislaus Cemetery

Al & Bev Stigman 218-346-5331

Grave Plots: \$125.00/grave

#### Sacraments

Families that would like their children to be baptized or receive the sacraments of First Communion and Confirmation or couples that would like to be married here should be registered and active members of the parish.

Sacrament of Baptism: Requirements for having your child baptized at the Church of St. Henry are: registration at St. Henry (or another parish) and attendance at a pre-baptism class, which is normally offered every two months. Parents are encouraged to take the class before their child is born. For more information, call the parish office at 218-346-4240. Please note, this class is only required if this Baptism is for your first child. Preregistration required.

**Sacraments of Confirmation/First Communion:** Please contact the Religious Education Office at 218-346-7030.

**Sacraments of Penance/Reconciliation:** Please contact the Religious Education Office at 218-346-7030 for first time Preparation.

**Anointing of the Sick:** Please call the Parish Office at 218-346-4240 or in emergency call 218-298-2030.

Sacrament of Marriage: Couples that want to be married in the Catholic Church need to go through a Marriage Preparation course and need to meet with the priest or deacon at least six months in advance of the wedding.

#### **MISSION STATEMENT**

We, the members of St. Henry's Parish of Perham, MN, are a Catholic Faith Community of the Diocese of St. Cloud, guided by the Holy Spirit and the Gospel of Jesus Christ to build God's kingdom here on Earth.

As disciples of Christ, we commit ourselves to love one another, to pray together, celebrate the sacraments, serve the individual and family needs of all God's people, carry out Catholic education programs for youth and adults, and attend to the material needs of our parish.



