

Dear sisters and brothers in Christ Jesus,

How fitting that on this Memorial Day weekend we find ourselves standing up for our freedoms, especially our freedom to publicly practice our religious beliefs. The bishops of Minnesota, along with a number of other faith leaders, in a statement dated May 20th, have voiced our conviction that the life of faith is essential to our society and that our religious freedoms are fundamental to the health of our country. Within reasonable boundaries, they have developed a plan for us to return to worship in larger numbers. They write: *"Given the well-researched protocols that we have proposed (and that they are being followed successfully elsewhere in our nation) how can reason require us any longer to keep our faithful from the Eucharist?"* And elsewhere: *"The bishops of Minnesota are united in our conviction that we can safely resume public Masses in accordance with both our religious duties and with accepted public health and safety standards."*



While following the strict protocols that have been developed in consultation with the Department of Public Health and the Department of Public Safety, they have allowed us as of Tuesday, May 26th, to resume the public celebration of Holy Mass with attendance limited to **one-third of the seating capacity of the church**. We will continue to practice safety protocols at Masses, including social distancing and frequent sanitation. Please arrive early for Mass so that we can discuss the adaptations we have undertaken for worship at this time.

All Catholics remain dispensed from the obligation to attend Holy Mass, and those who are sick or who are especially vulnerable are to remain at home. We will continue to broadcast our liturgies via radio and internet media for those who choose to participate from home. Remember also the option to attend Mass outdoors at our sister parish of St. Lawrence in Rush Lake on Sunday. If you have a particular concern about attending Mass under the present conditions, feel free to contact me directly at 218-298-2030, and we will explore our options together.

We will continue to be flexible as the situation develops, but for now we are joyful to be able to gather again in the presence of our Lord Jesus Christ and worship Him as one Body. We ask that you prayerfully consider your options for Holy Mass, prudently decide whether or not to remain at home and participate via internet or radio, and continue to pray for our Church and our nation. For those who do attend, we ask that you comply with the instructions of our ushers and ministers for the health and safety of others, and participate with mutual understanding and kindness in all things. To again quote our bishops, *"We know that as we work together, we can provide for the essential sacramental life of our faithful, fulfill our duty to worship God, and do so in a way that also protects the common good of our state. (cf. Matthew 6:25-34)."*

Please join me in expressing gratitude to our Bishop, Donald Kettler, for his prudence and courage during this crisis. I am personally grateful for his patient responses to my questions and his willingness to think outside of the box for creative adaptations to our current situation. God's goodness is greater than any virus. He will carry us through our journey here on earth; the promise of His Ascension is the heavenly life we look forward to at the end of this age. Be not afraid! I look forward to seeing you all again soon.

Peace in Christ,
Father Matthew Kuhn

Today's Readings:

Acts 1:1-11; Eph 1:17-23
Mt 28:16-20

PARISH NEWS & EVENTS

2021 Parish Calendar Sponsors

We are now signing up sponsors for the 2021 parish calendars. A donation of \$150.00 to the parish in the name of your business or in memory of a deceased loved one is requested. Please contact the parish office at 218-346-4240, if you are interested.

WEDDING BANNES

The Church of Saint Henry, Perham, wishes to inform the public of the upcoming wedding of **Charles Vareberg**, son of Randall & Teri Vareberg and **Krystal Ramirez**, daughter of Augustine & Christine Ramirez, to be held at the Church of St. Henry on June 20th, 2020.

Inquiries may be directed to Father Matthew or Deacon Randy at the Parish Office.



Forever Remembered Garden

Volunteers are needed to help out with the cleaning of the Forever Remembered Garden to keep the garden as beautiful as it always is. The group will be meeting on Thursday, May 28th, any time after 5:00 pm. If you would be willing to help but would like to maintain social distance, please call the Parish Office.

Holy Father's May Prayer Intention:

We pray that deacons, faithful in their service to the Word and the poor, may be an invigorating symbol for the entire Church.

AL & BEV STIGMAN
CELEBRATED 60 YEARS OF MARRIAGE ON MAY 21ST.
MARK & ELLEN GEYNOWA
CELEBRATED 55 YEARS OF MARRIAGE ON MAY 22ND.
CONGRATULATIONS TO THEM!

Congratulations & Welcome
Harper Helen
 child of Frank & Alicia Moren
 who was baptized last weekend

Community Outreach Ministry is in need of full or queen size beds that are in good condition. Community Outreach Ministry is run out of the St. Stan's garage by Cindy Olson from Calvary Lutheran. If you have any beds, mattresses, bed frames that are in good shape, please contact the parish office at 218-346-4240 and arrangements will be made. The furniture from the garage supplies the needs of those most in need in our community and it is a great way to re-purpose those items with much life left in them.

Rice Bowls

If you still have Rice Bowls around the house, feel free to drop them off at the Parish Office.

Now is the Time!!

If you are thinking about being an accompanist at St. Henry, now is the perfect time to start! There will be less people at Mass to make you nervous! We pay \$50 per Mass. Masses included are the Saturday 5:00 pm Mass, Sunday 8:00 am & 10:00 am Masses, and other special liturgies. Michael is willing to help any nerves by 1. Scheduling musicians in the Choir Loft. 2. Getting the music ready as early as you need it. 3. Playing organ while you play piano until you are more comfortable. Contact him at the parish office (218-346-7030), if you are interested.

Parish Staff

Pastor:	Fr. Matthew Kuhn	pastor@st-henrys.org	Em. 218-298-2030
Deacon/Business Manager:	Deacon Randy Altstadt	deaconrandy@st-henrys.org	Em. 218-457-0925
Deacon:	Deacon Richard Quistorff	deaconrichard@st-henrys.org	218-346-4163
Parish Office:		admin@st-henrys.org	218-346-4240
Business Admin. Assistant:	Ann Koll	finance@st-henrys.org	218-346-4240
Religious Ed Coordinator:	Lisa Hendrickx	religioused@st-henrys.org	218-346-7030
Youth Minister:	Lisa Hendrickx	youthministry@st-henrys.org	218-346-7030
Director of Music & Liturgy:	Michael Mettler	music@st-henrys.org	218-346-7030
Maintenance:	Joe Byer		
Principal, S.H.A. School:	Jason Smith	sthenryschool@arvig.net	218-346-6190



Religious Education

Thank you for your patience as plans get changed around. Thanks to our Bishops, we believe we have finally come to a firm decision on our Sacramental dates. If you have a child preparing for First Communion or if you are preparing to enter fully into the Catholic Church then you should have received an email with more details. If you did not receive an email, please let me know as soon as possible. We will have private Masses for both First Communion and RCIA. RCIA members will enter the Church on Pentecost Sunday, May 31. Please pray for all of our RCIA candidates and warmly welcome them when you see them: Emily Altstadt, Dylan Dumpprope, Jesse Hein, Chelsey Hemmelgarn, Matthew Kaiser, Luke Preussler, Krystal Ramirez, Kristina Reyes & Stephanie Winjum. First Communion will now be at private Masses on June 21st and June 28th. Again, check your emails if this involves you.

Lisa Hendrickx, DRE
218-346-7030, religouised@st-henrys.org

Upcoming Baptism Class

Requirements for having your child baptized at the Church of St. Henry are: **registration** at St. Henry (or another parish) and **attendance at a pre-baptism class**. Parents are encouraged to take the class before their child is born. This class is normally offered every two months. A class will be offered on **Saturday, June 20th** from 9:00 am-12:00 pm in the St. JPII Conference Room. If you want your child baptized but have never attended the required class, please register through the Parish Office at 346-4240. Please note, this class is only required if this is your first child and you have not attended one previously. **Pre-registration for the class is required.**

Bishops Annual Appeal



We receive many prayer intentions from the diocesan faith community. All are carefully preserved and prayed over by Bishop Kettler, diocesan staff and the sisters at Saint Clare's Monastery in Sauk Rapids. Please know that whether or not you are able to send a gift, your requests for prayer are welcome.

Bulletin Sponsor of the Week

Our *Bulletin Sponsor of the Week* is **Hendrickx Electric, Inc.** Thank you for your support. Please remember to patronize all the advertisers whenever possible.



St. Henry's Area School

Congratulations to this week's calendar raffle winners, May 20th, **St. Henry's Area School Sponsor a Child Program** \$50 and May 22nd, **John Martodam** \$100.

Fun Fair Update-I am currently working with Austin Bachmann Auctioneers to move the auctions to an online format. When that is solidified, much more information will become available on how to bid, when the auctions end, etc. We will then also pick a time to do a Facebook Live raffle drawing for the raffle. I feel that we won't be allowed to meet in large groups for quite some time, so this is the direction we need to follow. No games, no food this year.

Mrs. Samantha Schroeder will be moving from our preschool program back to 6th grade next year. Mrs. Mickelson will now be the Director of the preschool. We thank Mrs. Schroeder for her hard work and dedication getting the preschool up and running. We also thank Mrs. Mickelson for her years in the 2nd grade classroom. We will now begin the process of hiring a new second grade teacher.

St. Henry's Area School (Perham, MN) is seeking a full-time 2nd grade teacher to provide excellent instruction focused on student learning for the 2020-2021 school year.

Preferred Qualifications and Credentials:

1. Teach and act in accordance with doctrinal and moral teachings of the Catholic Church
2. Bachelor/Masters degree in education and/or related field
3. Valid Minnesota Department of Education license with an Elementary Education endorsement or other related endorsement
4. Knowledge of content areas and structured unit and lesson planning
5. Student-centered teaching style focused on student learning
6. High sense of professionalism

To apply for this position, please submit the application found on the school's website (www.sthenrysareaschool.com), your resume and credentials, and three letters of reference to Jason Smith by mail (St. Henry's Area School, 253 2nd St. SW, Perham, MN 56573) or by email to sthenryschool@arvig.net. Position open until filled.

Thank you for supporting St. Henry's Area School.

Mr. Jason Smith, Principal
218-346-6190 or sthenryschool@arvig.net



MASS & MINISTRY SCHEDULE FOR MAY 26-31 (AS OF MAY 22)

Tue, May 26, 7:30 AM *Roman Walz Family*

Rosary Dot Hofland
Lector Renee Doll
Sacristan Renee Doll

Wed, May 27, 7:30 AM *+Henry "Bud" Johnson*

Rosary **NOT FILLED**
Lector **NOT FILLED**
Sacristan **NOT FILLED**

Wed, May 27, 5:15 PM (Holy Cross) *+Fr. Jerry Nordick*

Thu, May 28, 7:30 AM *+Grace Baumgart*

Rosary Carol Doll
Lector Renee Doll
Sacristan Renee Doll

Fri, May 29, 7:30 AM *+Glenn & Florence Kuck*

Rosary **NOT FILLED**
Lector **NOT FILLED**
Sacristan **NOT FILLED**

Fri, May 29, 1:00 PM *+John & Mary Hofmann and +Mary E. Hofmann*

(This Mass is limited to our at-risk parishioners.)

Sat, May 30, 5:00 PM *+George & Helen Januszewski*

Rosary Joyce Wegscheid
Lector Trish Berns
Body Father Matt Kuhn, Deacon Richard Quistorff
Ushers Jerry Moris, **3 NOT FILLED**
Sacristan Eileen Lehman
Music Gina Cavanagh, Tina Grewe

Sat, May 30, 8:00 PM (Holy Cross) *For the People of the Parishes*

Sun, May 31, 8:00 AM *Special Intention*

Rosary Joe & Kathy Hemmelgarn
Lector Dorothy Doll
Body Father Matt Kuhn, Deacon Richard Quistorff
Ushers **4 NOT FILLED**
Sacristan Elizabeth Sazama
Music Michael Mettler, Nancy Krueger

Sun, May 31, 10:00 AM *+Ambrose Altstadt*

Rosary Alan Schumacher
Lector Anthony Anderson
Body Father Matt Kuhn, Deacon Richard Quistorff
Ushers Vance Bachmann, **3 NOT FILLED**
Sacristan Anthony Anderson
Music Isaiah & Jeff Blickenstaff

Michael Mettler, Ministry Scheduler
218-346-7030, music@st-henrys.org

Readings for the Week

Monday:	Acts 19:1-8	Jn 16:29-33
Tuesday:	Acts 20:17-27	Jn 17:1-11a
Wednesday:	Acts 20:28-38	Jn 17:11b-19
Thursday:	Acts 22:30; 23:6-11	Jn 17:20-26
Friday:	Acts 25:13b-21	Jn 21:15-19
Saturday:	Acts 28:16-20, 30-31	Jn 21:20-25
Sunday:	Acts 2:1-11	1 Cor 12:3b-7, 12-13
	Jn 20:19-23	

**Please Pray For Those
in need of healing in our parishes:**

Joel Carlson, Harriet Daiker, Hudson Hendrickx,
Helene Johnson, Margaret Kasowski, Oscar Kawlewski,
Brandon McDonnell, John Ogroske, Lois Porath, Bob
Riesterberg, Lowell Siebels, Anthony Thompson, JoAnn
Tingelstad, Gertie Ulschmid, Larry Wankel & Larry
Wegscheid

All military personnel, especially:

Martin Ara, Jesus Guajardo, Ed Guck, Greg Hirschey, Sandra (Silbernagel) Lagnese, Tanner Neyens, Luke Potts, Zoe Potts, Jason Richter, Tanya Robison, Tommy Robison, Steven Sundberg and Tyler Van Watermulen

New School Capital Campaign Update

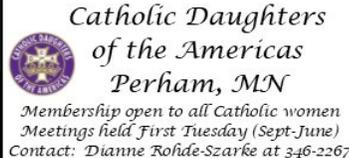
Goal	\$7,343,900.00
Pledged	\$4,623,024.00
Needed	\$2,720,876.00
Received	\$1,812,505.00
Pledges Received 05-17	\$4,118.00
Households Contributing	258

Collection for May 16th & 17th

Adult	\$5,025.00	Plate	100.00
Ascension	120.00	Easter Offering	100.00
Votives	90.00	Donation	1,200.00
Building Improve.	60.00	Elec. Transfers	4,205.00
Total			\$10,900.00

Deacon Randy Altstadt - Parish Administrator

*Average amount needed to meet weekly operation
of St. Henry for the fiscal year is: **\$14,725.00***

   <p align="center">www.findyourgoose.com</p>	 <p align="center">Service FOOD MARKET <i>servicing you best!</i></p>
 <p>Marie Hanson 201 1st Ave. SE Perham, MN 56573 218-298-0598</p> <p><i>Bring this in for a free training session</i> fitnessfirst@mail.com</p>	 <p align="center">CURTISSEIFERT CONSTRUCTION, LLC</p> <p align="center">346-6800 LIC# BC734124</p>
 <p><i>Solving local water problems since 1984.</i></p> <p align="center">Lake Country RainSoft 231 Main St West, Ottertail, MN 56571 218-367-7873 * 1-800-450-1212</p>	 <p align="center">Catholic Daughters of the Americas Perham, MN</p> <p align="center"><i>Membership open to all Catholic women Meetings held First Tuesday (Sept-June) Contact: Dianne Rohde-Szarke at 346-2267</i></p>



First Reading



The Ascension of the Lord

Acts 1:1-11

Until We Meet Again

We have many ways of saying goodbye. “So long.” “See you later.” “Take care.”

Goodbyes are softened with the promise of another meeting. “Till we meet again.” The time between the goodbye and the reunion is filled with joyful hope and anxious waiting.

Surely the disciples wondered if they had the tools they needed to survive that time. Jesus had been their leader, visionary, messiah, and friend. Without him, life would lose its center.

Jesus’ goodbye came with two promises. He promised that the Holy Spirit would guide the disciples in his absence, and he promised that he would come again. That left them in an in-between kind of time. After the goodbye, they waited for his coming again.

In fact, that is where we are too. We are in between the visits of Jesus, a time of hope and anxiety. We often wonder if we have the tools we need to survive. We need vision and companionship on life’s long road.

We have at our disposal the first promise of Jesus, the gift of the Holy Spirit. That Spirit will guide us through times of loneliness, into good decisions, amid the sorrows of sad goodbyes. The Spirit is our center.

Lectionary Bulletin Inserts: Reflections on the First and Second Readings, Year A
© 2019 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner. Lectionary for Mass © 2001, CCD.

Second Reading



The Ascension of the Lord

Ephesians 1:17-23

Power Source

Nations build up their power through politics, weapons and wealth. Strong leaders can unite their people to promote a cause. Mighty arsenals can overcome enemies. Money can buy influence and technology. Nations feel secure when they hold power.

As citizens, we sometimes take false hope in the security of our nation. It is nearly impossible to guard against every attack, to control every enemy, and to protect our national treasures. It is tempting to rely on the standards of national power: politics, weapons, and wealth.

The Letter to the Ephesians takes another view of power. It assumes that all power belongs to God, not to people, and that God has assigned authority to Christ, “raising him from the dead and seating him at his right hand in the heavens.” God put all things beneath the feet of Christ “and gave him as head over all things.”

But Jesus is no politician. He owns no weapons. He possesses no earthly wealth. His dominion differs from that of temporal rulers. Believers of every nation put their trust in Christ. They follow his teachings. Most important, they believe he is the victor over death. Jesus has conquered death, the enemy of every human. With Jesus as our head, we enjoy unparalleled freedom and release from all our fears.

Those who follow Christ put their trust in other forms of power—perfect love of God and neighbor.

Lectionary Bulletin Inserts: Reflections on the First and Second Readings, Year A
© 2019 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner. Lectionary for Mass © 2001, CCD.



Please let the advertisers know you saw their ad in the bulletin.

 <p>Schoeneberger FUNERAL & CREMATION SERVICE</p> <p>100 Jake Street, Perham, MN (218) 346-5175 www.SchoenebergerFH.com Funeral Directors: Steve Sheets & Hans Larson</p>	 <p>SCHMITZ MOTOR COMPANY, INC. Perham, MN</p>	 <p>Pizza Ranch</p>	<p>FRANK'S AUTO BODY</p> <p>735 W Main St., Perham 218-346-3405 Brian Holzer (Owner)</p> 
 <p>Nadine's</p> <p>Open Mon-Sun 145 W Main St Perham, MN 218-346-2615</p> <p>Ladies & Children's Fashions & Accessories</p>	<p>Owners: Greg & Tim Schmitz 218.346.3900 900 West Main Street</p>	 <p>Perham Dairy Queen 802 - 3rd Ave SE 218-346-4070</p> <p>Marc & Mike Winjum U.S. Pat. Off. Am.D.Q. Corp. Copyright, 1989 Am. D.G.</p>	
<p>KIT MASTERS</p> <p>FAN CLUTCH EXPERTS</p>	<p>218/346-7376</p> <p>Perham Truck Service, Inc.</p> <p>43589 Fort Thunder Roc Perham, MN 56573</p> <p>Pete Zavadii Owner</p>	 <p>Hemmelgarn BUILDERS Your Hometown Builder</p> <p>Lic #96003928 Troy: 218.371.6272 Jim: 218.371.1228</p> <p>hbi@arvig.net 218.346.2377</p>	<p>ACE 130 W. Main St Perham</p> <p>Nick, Katie, Nora, Charlie & Levi Murdock 218-346-2070</p>
 <p>EXCEEDING EXPECTATIONS WITH HIGHER QUALITY PRODUCTS AND SERVICE</p>	<p>State Farm Insurance</p> <p>411 3rd Ave SE, Perham, MN 56573</p> <p>Bus. 218-346-7855 Res. 218-346-7342</p> <p>Edward C. Winjum, Agent</p> 	 <p>5:30 am - 3 pm (Mon-Sat) 8 am - 2 pm (Sun)</p> <p>136 W. Main St Perham (218) 346-5920</p>	 <p>THRIVENT FINANCIAL Connecting faith & finances for good.™</p>
<p>Perham Family DENTISTRY</p> 		<p>CHRIS DECONCINI, CPA BRAD HELMEKE, CPA 218-346-4200</p>	
<p>central market <i>the Fresh Place!</i></p> <p>Open 24 hours a day 7 days a week</p> <p>Keystone Inc. 211 Market Drive Perham, MN 56573</p> <p>Phone: 218-346-6750 Fax: 218-346-6752</p> <p>thefreshplace.com</p>	<p>HAMMERS RENTAL PROPERTIES Perham, MN 218-346-3550</p>	 <p>DEAN'S Appliance SERVICE</p> <p>218-346-6200 Over 38 years of Service</p>	<p>★ FIVE STAR STORAGE</p> <p>East Industrial Park, Perham</p> <p>Secure Location, Rodent Deterrent</p> <p>Call for your inside or secure outside storage needs.</p> <p>★ 218-346-7925</p>
<p>Januszewski Plumbing</p> <p>Call with all your plumbing needs. Over 20 years Experience</p> <p>Randy Januszewski 218-346-5389</p> <p>Insured & Bonded Lic.#006008</p> 	<p>Winkels carpet center</p> <p>Beauty For Every Room</p> <p>145- 2nd Ave SE, Perham 218-346-2924</p>	<p>KLEIN INSURANCE</p> <p>20 Tousley Ave N - PO Box 249 New York Mills, MN 56567 Ph: 218-385-2430 OR 1-844-288-5008 Fax: 218-385-2423 klein11@midwestinfo.com</p> 	
<p>Ruther Excavating</p> <p>EXCAVATING SEPTIC SYSTEMS SNOW REMOVAL DEMOLITION CLEARING & GRADING LICENSED - BONDED - INSURED MATERIAL HAULING</p> <p>218-346-4688 Cell: 218-298-1477</p>	 <p>kln Family Brands PERHAM, MINNESOTA</p>	<p>ALL CREATURES VETERINARY HOSPITAL</p> <p>905 Jenny Ave Perham, MN 56573 218-346-PETS (7387)</p> <p>ALL CREATURES BOARDING & GROOMING</p> <p>VET CLINIC Tuesday AND Thursday 9-12 am</p> <p>44033 Hawes Beach Road Ottertail, MN 56571 218-367-PETS (7387)</p> <p>Dr. Raeanna Tisdell-Covington, DVM Dr. Dennis Stanford, DVM</p> <p>allcreaturesperham.com</p>	 <p>Hendrickx Electric Inc.</p> <p>218.346.5166 - 218.371.0051 Donald Hendrickx</p>
<p>LAKES COUNTRY LANDSCAPING & IRRIGATION</p> <p>218.346.2197</p> <p>906 2ND AVE NE PERHAM, MN 56573 (7 Blocks North of Main on 1st Ave. N)</p> <p>LAKESCOUNTRYLANDSCAPING.COM</p>	<p>BenHolzer Unlimited WATER</p> <p>Water Treatments Reverse Osmosis Bottled Water Softener Salt</p> <p>Quality & Service at an affordable price! www.BenHolzerUnlimited.com Call Adam or Char at 218-346-6445</p>		<p>SCOTT VAN WATERMULLEN EXCAVATING</p> <p>We Move the Earth.™</p> <p>Your Local Rip-Rap & Shore Restoration Experts 346-SCOT (7268)</p>
<p>Catholic United Financial</p> <p>Every step, every journey, we're there for life</p> <p>Becky King, Rep since 2005 218-841-4600</p>	<p>St. Henry's Area School</p> <p>Preschool to 6th Grade 218-346-6190</p>	<p>ESSER Plumbing & Heating</p> <p>AIRE SERV HEATING & AIR CONDITIONING An Esser Family Company</p>	<p>OVERLAND INSURANCE AGENCY</p> <p>255 3rd Ave SE Perham, MN 56573 218-346-6250 www.overlandinsurance.com</p>
<p>HAMMERS CONSTRUCTION</p> <p>www.hci-mn.com 218-346-2195</p>	<p>PERHAM SAND & GRAVEL</p> <p>Wayne Lehman, Owner 218-346-5800</p> 	<p>218.346.3530 218.346.2138 EsserPlumbingandHeating.com</p>	<p>NAPA</p> <p>105 Jake St - Perham, MN 346-7557</p>

