



JUNE 6TH, 2021

THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI)

SCRIPTURE REFLECTION BY FATHER MATTHEW KUHN

Dear sisters and brothers in Christ Jesus,

'While they were eating, [Jesus] took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many."'

Jesus gives us Himself in the Eucharist. He offered Himself to God the Father as the ransom for our sins, and now we participate in that sacrificial act whenever we receive Him in the Eucharist. We eat and drink of the Gift offered in the new and eternal covenant.

The sacrifices offered at the temple under the Mosaic Law were offered for the remission of sin and to remind the people of their covenant with God. These offerings prefigured the perfect offering of Jesus on the Cross, and the bread and wine offered by Jesus at the Last Supper were the fulfillment of these ancient symbolic offerings. By offering Himself, Jesus fulfills the old covenant in a real and permanent way. By commanding us to *"do this in memory of me,"* Jesus makes that one-time offering timeless and eternal. By uniting the Eucharistic sacrifice with His self-offering on the Cross, Jesus made it possible for us to take part in the one Eucharist He began almost 2000 years ago. Because Jesus is God, this one offering, made in time, was also an action greater than what time itself could contain. We can speak in the present tense of the offering at our altar here and now as the same offering Jesus made in the upper room on the outskirts of Jerusalem so many years ago.

Because the Eucharist is an event that takes place both in Heaven and on Earth, we are united in it with heaven's eternity and with every other celebration of the Eucharist in human history. Christ offered one sacrifice for all people and for all time, and we who participate become one Body of Christ in the Communion of Saints. This Eucharist you receive today *is* His Body and Blood—the same Body and Blood shared by the disciples at the Last Supper, the same Body that was beaten, scourged, mocked, and hung upon the Cross and Blood that was shed over the whole course of Our Lord's Passion.

We receive Jesus, and when we do so with open and properly disposed hearts, we become what we receive. *"By his wounds we are healed,"* and we become eternal like Him; we become holy like Him; we become His Body for the world. May we imitate what we celebrate and truly be transformed by the mysteries we receive here today.

Peace in Christ,
Father Matthew Kuhn

Today's Readings: Ex 24:3-8; Heb 9:11-15
Mk 14:12-16, 22-26



Join us for the
**GROUND
BREAKING
CEREMONY**
of the new
St. Henry's
Area School

Congratulations!

Congratulations to all of our second graders who received their First Communion last weekend! Please keep these students in your prayers – that they may always have excitement in receiving Jesus in the most Blessed Eucharist.

Maria Bell, Brynn Berube, Madalyn Burkman, Brynley Doll, Karlie Dombeck, Sophia Esser, Gabriel Harren, Cameron Jennen, Maverick LaFond, Levi Marsh, Makenna Marsh, Lilly McMullen, Charlee Meeks, Logan Pulver, Logan Riepe, Paisley Rooney, Emmi Sweere, Cade Trout, Levi Wells, Avianna Wimmer, Ava Winjum, and Elena Winjum.

St. Henry's Area School

Congratulations to the calendar raffle winners this week- June 2nd-**Glenda Hofland**-\$50 and June 4th-**Jacob and Sally Rux**-\$100.

SAVE THE DATE: Gala of Light, Lighting Our Future- October 2nd, 2021

Join us for our new school ground breaking ceremony on Sunday, June 6th after the 10:00 am Mass at St. Henry. Refreshments provided by Holy Family Council of Catholic United Financial.

Mr. Jason Smith, Principal
218-346-6190 or sthenryschool@arvig.net
St. Henry's Area School provides academic excellence while following the teachings of Christ and the Catholic Church.

Thank You

The Ray Schmitz Family would like to thank their St. Henry's Parish family for their prayers over the past seven months. We firmly believe that without these prayers, he could not have recovered. After three months of hospital care and over three months of intensive therapy, Ray returned home on May 13th. Once again, God bless and thank you all.

Please pray for those in need of healing in our parishes:

Sue Baumgart, Dorothy Byer, Joel Carlson, Clint Konzemi-us, Renee Doll, Jeff Fritz, Hudson Hendrickx, Barb Jar-chow, Helene Johnson, Christopher Koplin, Stan Lehman, Sally Limanen, Karena Marschall, Ruth Moericke, John Ogroske, Lois Porath, Bob Riestenberg, Norbert Ruther, Joan Schmitz, Ray Schmitz, Gertie Ulschmid, Liam Voss, Mikaela Waldon & Larry Wegscheid

All military personnel, especially:

Martin Ara, Jesus Guajardo, Ed Guck, Greg Hirschey, San-dra (Silbernagel) Lagnese, Nicholas Melz, Tanner Neyens, Luke Potts, Zoe Potts, Jason Richter, Tanya Robison, Tom-my Robison, Steven Sundberg and Tyler Van Watermullen

Family Faith Formation

Registration for Totus Tuus is still open! Even if your child/grandchild can only attend for part of the week, we strongly encourage you to sign up! It's going to be a fun-filled week with games, learning, music, Mass, outdoor fun and lots more! Totus Tuus will replace our traditional Vacation Bible School program. If you have any ques-tions, or would like to view a schedule of the day, please visit our parish website www.parishfaith.com and click on Summer Youth Program under the Faith Formation tab.

Lisa Hendrickx, DRE
218-346-7030, religioused@st-henrys.org



Congratulations to

Iris Eleanor

child of DJ & Erika Altstadt
 who was baptized
 at St. Henry last weekend

Upcoming Baptism Class

Requirements for having your child baptized at the Church of St. Henry are: **registration** at St. Henry (or an-other parish) and **attendance at a pre-baptism class**. Parents are encouraged to take the class before their child is born. This class is normally offered every two months. A class will be offered on **Saturday, July 24th** from 9:00 am-12:00 pm in the St. JPII Conference Room. If you want your child baptized but have never attended the required class, please register through the Parish Office at 218-346-4240. Please note, this class is only required if this is your first child and you have not attended one previously. **Pre-registration for the class is required.**

Bulletin Sponsor of the Week



Our *Bulletin Sponsor of the Week* is *Klein Insurance*. Thank you for your support. Please remember to patronize all the advertisers whenever possible.

Parish Staff

Pastor:	Fr. Matthew Kuhn	pastor@st-henrys.org	Em. 218-298-2030
Deacon/Business Manager:	Deacon Randy Altstadt	deaconrandy@st-henrys.org	Em. 218-457-0925
Deacon:	Deacon Richard Quistorff	deaconrichard@st-henrys.org	218-346-4163
Parish Office:		admin@st-henrys.org	218-346-4240
Business Admin. Assistant:	Ann Koll	finance@st-henrys.org	218-346-4240
Religious Ed Coordinator:	Lisa Hendrickx	religioused@st-henrys.org	218-346-7030
Youth Minister:	Lisa Hendrickx	youthministry@st-henrys.org	218-346-7030
Director of Music & Liturgy:	Michael Mettler	music@st-henrys.org	218-346-7030
Maintenance:	Joe Byer		
Principal, S.H.A. School:	Jason Smith	sthenryschool@arvig.net	218-346-6190

Father Matthew's Appreciation Send-Off

On Sunday, June 27th after the 10:00 am Mass, from 11:00 am-2:00 pm, we will be having a meal with refreshments to celebrate the blessing of Father Matt's St. Henry's ministry as our priest. It will be held in the church basement.

We are looking at getting Father Matt an appreciation gift for all he has done for our parishes. If you would like to contribute toward this gift, please drop off your donation at the parish office earmarked "Father's Gift"!

Summer Festival Silent Auction

Thankfully, we are able to hold our Summer Festival outdoors this year, but due to the popularity of the Online Silent Auction from last year, we are, again, using this format. This means that we will be asking for donations from you in the near future, so please keep us in mind as you shop locally. Our festival will be held on Sunday, August 15th. Be sure to mark your calendars!!

5:00 pm Mass Goers

If you have been feeling the need to be more involved, but don't want to be in the limelight, I have a perfect opportunity for you! We are looking for Sacristans for the 5pm Mass. Sacristans assist with preparing the sanctuary for Mass. Training is provided and there is always someone to help you. Contact Michael in the parish office if you are interested.

Holy Rosary Director of Music & Liturgy Director

Holy Rosary Catholic Church and School is seeking a full-time Director of Music and Liturgy. Duties include providing music accompaniment at sacramental celebrations, weekend and holy day liturgies, assisting with funeral and wedding liturgies, as well as weekly school Masses, facilitating the adult choir, advising the liturgy committee, educating the parish on liturgical matters, and recruiting, coordinating and providing formation for musicians and liturgical ministers.

Please send letter of application, resume, and three references to:

Search Committee
Holy Rosary Catholic Church
1043 Lake Ave
Detroit Lakes MN 56501

June Monthly Volunteer Cleaning Group

Steve & Michelle Bormann — Al & Mary Schumacher
AJ & Jackie Bunkowske — Pat & Deb Nordick

Thank you!



Congratulations to

Frank & Bev Holzer

who celebrated their
50th Wedding Anniversary
on June 4th

Pie & Ice Cream Social - Mark Your Calendars!

St. Henry's Pie & Ice Cream Social will be held Thursday, June 17th from 5:00 pm—7:00 pm in the St. Henry's Church Basement! Bar-B-Ques, veggies, chips, pie and ice cream will be available. This is part of Perham Turtle Fest which is a community wide event. Please invite your friends and family!! Our Committee will be providing the pies, but we know there are talented and experienced pie makers in our parish family, and we would gladly accept your homemade masterpieces as well.

Opening & Closing Church

We are looking for someone to open and close the church on weekends. You would be scheduled once a month and would be responsible for opening the church Saturday and Sunday mornings at 7:00 am and closing the church on Sundays in the afternoon. Can you help? Please call Deacon Randy at 218-346-4240, if you would be willing to help fill this ministry. Thank you!



BBQ, Pie & Ice Cream Social

WHEN

5pm - 7pm

Thursday

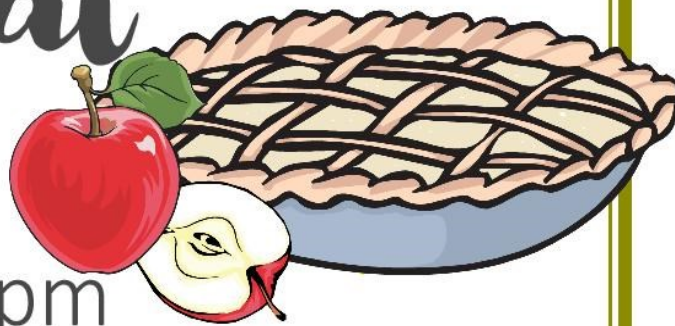
June 17, 2021

WHERE

St. Henry's Church Basement

Corner of 2nd St. SW and 2nd Ave SW, Perham

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• Chips • Coffee



TURTLE FEST EVENT



FREE WILL OFFERING

Proceeds go to
Family Faith
Formation
Scholarship Fund

MASS & MINISTRY SCHEDULE FOR JUNE 7-13 (AS OF JUNE 4)

Tue, Jun 8, 8:45 AM +Al & Margaret Walz

Rosary Dot Hofland
Lector Cheryl Prososki
Sacristan Pam Guck

Wed, Jun 9, 7:00 AM +Halarian Schultz

Rosary Elsie Schultz
Lector Lori Curtis
Sacristan **NOT FILLED**

Wed, Jun 9, 5:15 PM (Holy Cross) Christian Mothers

Thu, Jun 10, 8:45 AM +Charles "Bud" Schmidt

Rosary Carol Doll
Lector **NOT FILLED**
Sacristan **NOT FILLED**

Fri, Jun 11, 10:00 AM (Perham Living – Residents Only)

+Donna Scheidecker

Fri, Jun 11, 1:00 PM +Ambrose Altstadt & +Deb Szarke-Mueller

(This Mass is for our at-risk parishioners. Extra sanitary precautions are taken for this Mass.)

Rosary **NOT FILLED**
Lector **NOT FILLED**
Sacristan Ralph & Nancy Moris
Sanitizers Ralph & Nancy Moris

Sat, Jun 12, 5:00 PM +Jim & Margaret Huebsch

Rosary Rosie Altstadt
Servers Daisy Loerzel, Nora & Charlie Murdock
Lector **NOT FILLED**
Body Father Matt Kuhn, Jennifer Moris
Blood Rosie Altstadt, Jane Hendrickson, Eileen Lehman,
NOT FILLED
Ushers Jeff Fritz, Joe Guck, Jerry Moris, Nick Murdock
Gifts Rosie Altstadt, Sue Van Watermolen
Sacristan Katie Murdock
Music Michael Mettler, Tina Grewe, **NOT FILLED**

Sat, Jun 12, 8:00 PM (Holy Cross) +Joe & Yvonne Carlson

Financial Blessing for May 29th & 30th

Adult	4,795.00	Youth Offering	123.99
Plate	1,936.69	Ascension	10.00
June Collection	70.00	Votives	57.50
Faith Formation	105.00	Rent Income	1,000.00
Building Improve.	25.00	Elec. Transfers	4,095.00
		Total	\$12,218.18

Thank you for remembering St. Henry's Church with
your Stewardship throughout the year.

Average weekly budget: **\$15,045.00**

New School Capital Campaign Update

Goal Phase II	\$7,500,000.00
Pledged	\$7,090,836.00
Needed	\$409,164.00
Received	\$5,138,741.00
Pledges Received 05-30	\$1,185.00
Households Contributing	349

Sun, Jun 13, 8:00 AM

Living & Deceased Sts. Agnes & Mary Mission Circle Members

Rosary Joe & Kathy Hemmelgarn
Servers Joseph Ecker, Matthew Sazama, **NOT FILLED**
Lector Dorothy Doll
Body Father Matt Kuhn, Bob Leitner
Blood Paula Herme, Elizabeth Sazama, Mike & Sue Schmelz
Ushers Gene Falk, Alex Sazama, Joe Sczygiel
Gifts Brian & Michelle Sazama
Sacristan Elizabeth Sazama
Music Gina Cavanagh, **2 NOT FILLED**

Sun, Jun 13, 10:00 AM +Rose (Hammers) Limmer

Rosary Ken Guck
Servers Chris & Jon Henry, **NOT FILLED**
Lector Trudy Swanson Schreier
Body Father Matt Kuhn, Ken Guck, Rich Richter,
Charles Scheidecker
Blood Deena Carlson, Tammy Richter, Trudy Swanson Schreier,
Joanne Winjum
Ushers Don Bernauer, Todd & Josh Kalina, Jeff Mosca
Gifts Judy Christopherson, Trudy Swanson Schreier
Sacristan Gregory Zebro
Music Michael Mettler, Heidi & Faith Kalina, Rachel Poser

Sun, Jun 13, 1:00 PM (Spanish Mass) For the People of the Parishes

Body Father Jeff Ethen

Michael Mettler, Ministry Scheduler
218-346-7030, music@st-henrys.org

Pope Francis' June Prayer Intention:

Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience.

Readings for the Week

Monday:	2 Cor 1:1-7	Mt 5:1-12
Tuesday:	2 Cor 1:18-22	Mt 5:13-16
Wednesday:	2 Cor 3:4-11	Mt 5:17-19
Thursday:	2 Cor 3:15—4:1, 3-6	Mt 5:20-26
Friday:	Hos 11:1, 3-4, 8c-9	Eph 3:8-12, 14-19
	Jn 19:31-37	
Saturday:	2 Cor 5:14-21	Lk 2:41-51
Sunday:	Ez 17:22-24	2 Cor 5:6-10
	Mk 4:26-34	

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Returning to Mass: July 1 Marks End of Dispensation in Minnesota

The COVID-19 pandemic has been a painful time of separation that necessitated, for a short while, suspension of public Masses and the dispensation from the Sunday obligation to attend Mass. Nonetheless, since May 2020, Minnesota's bishops have made available the public celebration of Mass to those who wished to attend. Parishes have done an amazing job creating safe spaces for worship and the sacraments during the past year.

Now, as the pandemic subsides, and public gathering restrictions and safety protocols are lifted, it is time to gather as the Body of Christ once again. Therefore, the bishops and diocesan administrators of the Minnesota Catholic Conference have decided to reinstate the obligation to attend Mass on Sundays and Holy Days of Obligation beginning the weekend of July 3-4, 2021.

Why is attending Mass in-person so important?

St. John Chrysostom reminds us, "You cannot pray at home as at church, where there is a great multitude, where exclamations are cried out to God as from one great heart, and where there is something more: the union of minds, the accord of souls, the bond of charity, the prayers of the priests" (CCC 2179).

Attending the in-person celebration of Sunday Mass and receiving Jesus in the Eucharist are vital to our lives as Catholic Christians. We were created for Communion. Whether you are returning to your home parish, or seeking a local parish on vacation, your participation in the Mass unites you with the Church — the Body of Christ. This communion transforms us as persons and enables us to make manifest the Kingdom of God in our world. The celebration of the Eucharist truly is the source and summit of our faith.

Pope Francis, in his homily on the Feast of Corpus Christi in 2018, said, "Jesus prepares a place for us here below, because the Eucharist is the beating heart of the Church. It gives her birth and rebirth; it gathers her together and gives her strength. But the Eucharist also prepares for us a place on high, in eternity, for it is the Bread of heaven."

Does this mean there will no longer be any dispensation from the Sunday and Holy Day obligations?

Although the general dispensation will no longer be available, the Church has always recognized that certain circumstances can excuse a person from the requirement to observe the obligation. Persons are excused from the obligation to attend Mass on Sundays or Holy Days under the following circumstances:

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1. You have reason to believe your health would be significantly compromised if you were to contract a communicable illness (i.e., you have underlying conditions or are in a high-risk category).
2. You exhibit flu-like symptoms.
3. You have good reason to think you might be asymptomatic of a contagious illness (e.g., you were in recent contact with someone who tested positive for a contagious illness such as COVID or influenza).
4. You care for the sick, homebound, or infirmed.
5. You are pregnant or you are 65 years of age or older (per the CDC's recommendation for high-risk individuals).
6. You cannot attend Mass through no fault of your own (e.g., no Mass is offered; you are infirm; or, while wanting to go, you are prevented for some reason you cannot control, such as your ride did not show up).
7. You have significant fear or anxiety of becoming ill by being at Mass.

If situations 1 through 3 apply to you, prudent concern for your neighbor should lead you to stay home. If you fall within situations 4-7, please exercise good judgment, consider the common good, and know you would not be held to the obligation of attending Mass. For further questions about the application of any of these situations, please contact your pastor. These categories will be reviewed in due course and revised as needed.

Those within the categories enumerated above must still observe the Lord's Day and are encouraged to spend time in prayer on Sunday, meditating on the Lord's passion, death, and resurrection; an excellent way to do this is by praying the Liturgy of the Hours and participating in a broadcast/livestream of the Sunday Mass.

More information, links to parish websites, and a portal to each diocese's protocols can be found at the website www.backtomassmn.org.

The return of our faith family to Mass is a joyous occasion. With that in mind, we also encourage the faithful to post on social media about their return-to-Mass worship experiences using the hashtag #backtomassmn. Wherever you may be, welcome home!

Most Rev. Bernard A. Hebda, Archbishop of St. Paul and Minneapolis
Most Rev. Andrew H. Cozzens, Auxiliary Bishop of St. Paul and Minneapolis
Most Rev. John M. Quinn, Bishop of Winona-Rochester
Most Rev. Donald J. Kettler, Bishop of St. Cloud
Most Rev. Daniel J. Felton, Bishop of Duluth
Most Rev. Richard E. Pates, Apostolic Administrator of Crookston
Very Rev. Douglas L. Grams, Diocesan Administrator of New Ulm